

CANVAS CAPITAL HOUSE




SEMESTER THREE • MAY-AUG 2025


WELCOME

to your third semester at Canvas. Join us in celebration, relaxation and exploration over the following months. Download the **MY CANVAS APP** for any extra events we'll be adding to your calendar.


EVERY WEDNESDAY - 9AM
BRAIN FUEL BREAKFAST
Kitchen

 Start your study day strong with a free, healthy breakfast.


04 MAY - FROM 11AM
MAY THE 4TH BE WITH YOU
Cinema Room

 Join the Star Wars marathon – fancy dress welcome, Jedi or Sith!


09 MAY - ALL DAY
GARDEN CLUB
Courtyard

 Roll up your sleeves for planting, fresh air & free refreshments.

23 MAY - 6:30PM
BATTLE OF THE BRAINS
Study Area

 Bring your trivia A-game – prizes await the top scorers!


ALL MONTH - SEE RECEPTION
PRIDE MONTH CELEBRATION
Around the Building

 Celebrate Pride with activities, freebies & feel-good moments all month.


02 JUN - 5PM
SIP & PAINT
Kitchen

 Paint, sip & let your creativity flow – no experience needed.


13 JUN - 3PM
KING'S BIRTHDAY BASH
Front Lobby

 Pop by for a royal selfie with King Charles (cardboard edition).


25 JUN - 2PM & 6:30PM
STRETCH & RESET YOGA
Wolff Room

 Book your spot & unwind with a calming guided yoga session.


04 JUL - FROM 12PM
CLOTHING SWAP SHOP
Social Space

 Swap your old outfits for something new-to-you & sustainable.


07 JUL - 12PM
WORLD CHOCOLATE DAY
Reception

 Indulge your sweet tooth with free chocolatey treats.


11 JUL - FROM 2PM
CV GLOW-UP WORKSHOP
Social Space

 Get expert tips to make your CV stand out this summer.


30 JUL - FROM 12PM
FRIENDSHIP BRACELET MAKING
Project Kitchen

 Craft a bracelet & connect with someone new – or bring a friend!


6 AUG - 3PM-5PM
FAN-TASTIC DECORATING
Kitchen

 Design & paint your own fan – perfect for summer heatwaves.

13 AUG - 4PM
POP THE PROSECCO
Front Desk

 Celebrate in style with bubbles & build-your-own prosecco mixes.

24 AUG - ALL DAY
SHARE YOUR WISDOM
Reception

 Help welcome new residents by passing on your best local tips.

KEY



COMMUNITY
& CREATIVITY



CAREER &
DEVELOPMENT



EQUALITY &
DIVERSITY



MINDFULNESS
& WELLBEING



LIFE WORKS