

CANVAS BARNARD POINT



SEMESTER THREE • MAY-AUG 2025

# WELCOME

to your third semester at Canvas. Join us in celebration, relaxation and exploration over the following months. Download the **MY CANVAS APP** for any extra events we'll be adding to your calendar.

**04 MAY - 5PM**

## **MAY THE 4TH BE WITH YOU**

*Common Room*

- 💡 Star Wars movie marathon with snacks, drinks & good vibes.

**15 MAY - ALL DAY**

## **MENTAL HEALTH AWARENESS WEEK**

*Reception*

- 💡 Chat with the team for advice, resources & wellbeing support.

**19 MAY - 3PM**

## **DIY PIZZA NIGHT**

*Private Dining Room*

- 💡 Build your dream pizza & enjoy a relaxed meal with friends.

**29 MAY - ALL DAY**

## **GAMES NIGHT**

*Reception*

- 💡 Challenge your neighbours in board games & video game showdowns.

**01 JUN - ALL DAY**

## **PRIDE MONTH CELEBRATION**

*Reception*

- 💡 Celebrate Pride with stories, resources & LGBTQIA+ inspiration.

**03 JUN - SEE RECEPTION**

## **FA CUP FINAL SCREENING**

*Common Room*

- 💡 Watch the big match live with snacks & drinks on us.

**11 JUN - ALL DAY**

## **MINDFULNESS FOR FOCUS & PRODUCTIVITY**

*Reception*

- 💡 Learn practical tips to stay focused & reduce stress.

**21 JUN - ALL DAY**

## **SUMMER SOLSTICE SOCIAL**

*Reception*

- 💡 Celebrate the longest day of the year with free ice lollies.

**03 JUL - 11AM-5PM**

## **JOB STRATEGIES WORKSHOP**

*Common Room*

- 💡 Learn how to stand out with tailored CVs & application tips.

**07 JUL - ALL DAY**

## **WORLD CHOCOLATE DAY**

*Reception*

- 💡 Pop by for sweet treats & chocolate tastings.

**30 JUL - 5PM-8PM**

## **INTERNATIONAL FRIENDSHIP DAY**

*Dining Room*

- 💡 Make friendship bracelets, bring your mates or meet new ones.

**12 AUG - 3PM-7PM**

## **ART THERAPY SESSION**

*Reception*

- 💡 Express yourself through painting in a calm, creative space.

**16 AUG - 7:30PM-LATE**

## **MOVIE NIGHT DOUBLE FEATURE**

*Common Room*

- 💡 Settle in for two great films – vote for your faves at reception.

**18 AUG - 6PM-11PM**

## **END OF YEAR PARTY**

*Roof Terrace*

- 💡 BBQ, music & great vibes to wrap up an amazing year.

**20 AUG - ALL DAY**

## **DONATION WEEK**

*Reception*

- 💡 Donate clothes & supplies to support local causes before you go.

KEY



COMMUNITY & CREATIVITY



CAREER & DEVELOPMENT



EQUALITY & DIVERSITY



MINDFULNESS & WELLBEING





# LIFE WORKS

