EVEN GUDE CANVAS GLASGOW

SEMESTER ONE . SEP-DEC 2023



WELCOME to your first semester at Canvas. Join us in celebration, relaxation and exploration over the following months. Download the CANVAS SERVICE APP for any extra events we'll be adding to your calendar.

08 SEP - 12-5PM

Welcome Day Extravaganza Ground Floor

-<u>`</u>`á_-Join us for food, drinks δ fun to welcome new residents - Make friends δ win exclusive giveaways.

15 SEP - 6-9PM

Pizza & Prosecco Night Ground Floor

Don't miss an evening of pizza, bubbles δ good company -Cheers to making new memories!

22 SEP - 9AM-12PM

Rise & Shine Breakfast Morning Ground Floor

Start your day off right with a scrumptious brekkie on us.

29 SEP - 7-10PM

Bring Your Own Meal Mixer Private Dining Room

Share your fave dishes δ

make new friends - Join us for a fun-filled night of food δ connections.

ALL OCT - ALL DAY **Mystery October**

See Reception Unravel the enigma δ follow our daily clues to auess the who-dunnit... Exciting prizes await

the sharpest detectives!

10 OCT - ALL DAY

DIVERSITY

World Mental Health Day Reception

Take inspo from our B empowering quotes to promote δ support mental wellbeing. #MentalHealthMatters

COMMUNITY δ CREATIVITY

DEVELOPMENT

MINDFULNESS & WELLBEING

21 OCT - 8-10PM

Scary Movie Night Cinema Join us for a spine-chilling

<u>-</u>کֱ evening of horror films -Popcorn, thrills δ chills guaranteed.

27 OCT - 7-11PM

Halloween Welcome Bash Ground Floor

Costumes, treats δ spooky fun -ÿ awaits... Don't miss the frightful festivities!

ALL NOV - ALL DAY Movember

See Reception

Sign up to grow your tash δ <u>-</u>کْتْلِ raise awareness for a vital cause - Let's change the face of men's health together. #Movember

02 NOV - 12-5PM National Stress Awareness Day See Reception

Relieve any stresses with a B soothing massage - Sign up to experience pure relaxation δ raise awareness for stress management.

12 NOV - ALL DAY Happy Diwali

Ground Floor

Celebrate the Festival of Lights δ let the sparkle of divas illuminate our community - Wishing you all a prosperous δ blissful Diwali!

29 NOV - SEE RECEPTION CV Workshop

Cinema Room

R Enhance your CV δ boost your career prospects - Join our interactive workshop to learn valuable tips δ tricks for creating a stand-out resume.

07 DEC - 4-6PM

Christmas Card Making Workshop Ground Floor

 $\dot{\underline{\mathbf{x}}}$ Get into the holiday spirit $\boldsymbol{\delta}$ craft heartfelt cards for your loved ones to spread joy δ creativity this festive season.

13 DEC - 12-7PM

Christmas Jumper Day Courtyard

-ÿ. Dress up in festive sweaters, become Santa's helpers δ embrace the holiday cheer... Join us for a jolly time with Santa δ his reindeer.

21 DEC - 6-10PM

Christmas Movie Night Cinema Room

Cosy up with hot cocoa δ enjoy heartwarming holiday classics for a magical evening filled with laughter, joy δ cherished memories.

31 DEC - ALL DAY

Lucky Manifest Tree Reception

Step into the new year with <u>-ب</u>گرِ-

hope δ positivity - Hang your aspirations on our lucky tree to bring abundance, joy δ success in the coming year.

