



YOUR EVENT GUIDE

CANVAS THE HEIGHTS

SEMESTER ONE . SEP-DEC 2023




WELCOME

to your first semester at Canvas. Join us in celebration, relaxation and exploration over the following months. Download the **CANVAS SERVICE APP** for any extra events we'll be adding to your calendar.


13 SEP - FROM 5PM

Pool Tournament Common Room

 Sign up for the first pool tournament of the year & win a £25 voucher of your choice.


20 SEP - 2-4PM

Meet the Team Common Room

 Meet your Canvas team to ask any questions & enjoy some refreshments with your neighbours.


27 SEP - FROM 3PM

Welcome Party Courtyard

 An official welcome to Canvas The Heights! Join us for food & entertainment to enjoy with your new friends.


29 SEP - 5-8PM

Pub Quiz Night Common Room

 Get your team together to join our pub quiz & enjoy some tasty refreshments.


11 OCT - FROM 3PM

Fifa Tournament Common Room

 Sign up for the first Fifa tournament of the year & win a £25 voucher of your choice.


18 OCT - 4-8PM

Cocktail Masterclass Common Room

 Meet our in-house mixologist to learn how to make the perfect cocktail.


25 OCT - 4-6PM

Networking Night Common Room

 Mingle with your fellow residents to widen your contacts within your field of interest.


30 OCT - 9PM-12AM

Horror Movie Night Common Room

 Join us for a spooky night at the movies! Treats, popcorn & drinks available for those who dare to come along.


EVERY THURSDAY - 9AM-12PM

Breakfast Morning Reception

 Help yourself to our breakfast treats available every Thursday at Reception.


21 NOV - 3-6PM

Pizza Night Reception

 Enjoy a slice of the action & speak to the team about your options for rebooking for next year.


30 NOV - FROM 2PM

Advent Calendars Reception

 Grab a free advent calendar to get into the festive spirit - Don't miss out!


31 OCT - 2-6PM

Halloween Crafts Common Room

 Carve up your best pumpkin & show off your ghouliest craft skills.


02 NOV - 6-8PM

Yoga Evening Yoga Room

 Learn some de-stressing techniques in honour of National Stress Awareness Day.


10 NOV - 4-6PM

Diwali Common Room

 Celebrate the Festival of Lights with candle making & traditional snacks.


15 NOV - 9PM-12AM

International Movie Night Common Room

 Join us for some of our fave international movies alongside traditional refreshments.


17 NOV - 5-9PM

Board Game Night Common Room

 Join us for a fun night of board games, refreshments to be provided.


01 TO 08 DEC - ALL DAY

Flat Decoration Competition Around the Building

 Decorate your flat to get into the holiday spirit & our fave will win a takeaway night on us.


13 DEC - 12-4PM

Christmas Crafts Common Room

 Get your Xmas gifts sorted with homemade Christmas cards, decorations, mugs & gingerbread man.


15 DEC - FROM 6PM

Christmas Party Common Room

 Time to celebrate with festive food & drinks before the Christmas break.


18 TO 22 DEC - ALL DAY

Hot Chocolate & Mince Pies Reception

 Grab a cuppa hot cocoa & a mince pie throughout the week.

25 DEC - ALL DAY

Christmas Movie Marathon Common Room

 Join our Christmas movie marathon with festive refreshments to celebrate Christmas Day together.



COMMUNITY
& CREATIVITY



CAREER &
DEVELOPMENT



EQUALITY &
DIVERSITY



MINDFULNESS
& WELLBEING



**LIFE
WORKS**