# **CANVAS COVENTRY CITY POINT**

# SEMESTER TWO · JAN-APR 2025



to your second semester at Canvas. Join us in celebration, relaxation and exploration over the following months. Download the MY CANVAS APP for any extra events we'll be adding to your calendar.

### 20 JAN - 2PM **BLUE MONDAY WELLNESS** WORKSHOP

### Common Room

Beat the winter blues with a day of self-care, mindfulness, DIY stress relief kits and calming activities.

### 29 JAN - 2PM **CHINESE NEW YEAR**

Reception

Celebrate Chinese New Year with traditional food.

decorations and cultural activities.

### 31 JAN - 12PM **HOT CHOCOLATE DAY** Reception

Warm up with a variety of hot chocolate flavors and toppings at a cosy beverage station.

### 04 FEB - 2PM **PANCAKE DAY** Reception

Celebrate Pancake Day by

creating your own pancakes with a variety of toppings.

### 09 FEB - 2PM **PIZZA DAY**

Reception

Come grab a slice and

celebrate National Pizza Day!

### 14 FEB - 2PM LOVE CARDS & DESSERT BAR Reception

Celebrate Valentine's Day with heartfelt card-making and indulgent sweets.

### 17 FEB - ALL DAY **RANDOM ACTS OF KINDNESS** DAY

### See Reception

Spread positivity by inspiring others to share random acts of kindness!

### **08 MAR - ALL DAY INTERNATIONAL WOMEN'S DAY** Reception

Honor the achievements of

women around the world with a day of empowerment and recognition.

### 17 MAR - 12PM **ST PATRICK'S DAY** Reception

Cheers to our Irish residents! Join us for a pint of Guinness and some lively Irish music this St. Patrick's Day!

### 28 MAR - 10AM **BREAKFAST FRIDAY**

### Reception

Start your weekend off right

with a laid-back, fun breakfast.

### 31 MAR - 2PM **END OF RAMADAN** Reception

Celebrate the end of Ramadan with a festive gathering to mark the start of Eid al-Fitr.

### **01 APR - ALL DAY APRIL FOOLS**

### See Reception

- A light-hearted day random pranks, laughter  $\delta$  fun surprises.

## 07 APR - ALL DAY EASTER EGG HUNT

### See Reception

- Easter egg hunts and free
- chocolate, what's not to love?

### 21 APR - 1PM **NATIONAL TEA DAY** Reception

EQUALITY δ

DIVERSITY

Celebrate the love of tea with a

relaxing  $\delta$  refreshing day filled with tea tastings  $\delta$  cozy activities.

### 29 APR - 2PM **EXAM STRESS BUSTER DAY** Common Room

Unwind and relax before exams with a day focused on stress relief and self-care.

COMMUNITY δ CREATIVITY

MINDFULNESS 🕅 δ WELLBEING

