

The background of the entire page is a photograph of three young women dancing outdoors. The woman in the foreground is wearing a green and blue knitted tank top and red pants, smiling broadly. Behind her, another woman in a black tank top and grey leggings is also dancing. To the right, a man in a white shirt and a tan jacket is visible, also appearing to be part of the group. The setting is an outdoor area with a building in the background.

YOUR EVENT GUIDE

CANVAS WALTHAMSTOW

SEMESTER THREE • MAY-AUG 2024




WELCOME to your third semester at Canvas. Join us in celebration, relaxation and exploration over the following months. Download the **CANVAS SERVICE APP** for any extra events we'll be adding to your calendar.

2 MAY - 7PM-10PM

Open Mic Night


Reception

 Unleash your inner rockstar, poet or comic – Where talent takes the spotlight & the stage is yours to own.

7 MAY - 2PM-4PM

Screen Free Day


Cinema Room

 Unplug & unwind with us for a day filled with analog adventures & digital detox fun.

10 MAY - 4PM-7PM

Mental Health Awareness Massages


Cinema Room

 Indulge in a free massage for a rejuvenated mind & body as part of Mental Health Awareness Week.

21 MAY - 2PM-5PM

World Culture Day

Reception

 Bring your fave cultural dish or snack & taste a variety of foods from around the world.

25 MAY - SEE RECEPTION

FA Cup Final


Reception

 Join us in anticipation for the FA Cup Final - Drinks & snacks on us.

1 JUN - ALL DAY

Pride Month


Reception

 Get ready to celebrate love, diversity & equality with us this Pride Month!

14 JUN - SEE RECEPTION

Euros Kick Off


Reception

 Kick off England's first game by watching on the big screen - Snacks & drinks provided.

21 JUN - 4PM-9PM

End Of Year Party


Courtyard

 Don't miss our epic End of Year Party – Where memories are made & good times never end.

25 JUN - 5PM-7PM

Pizza Party


Courtyard

 Join us for a cheesy affair at our Pizza Party extravaganza - Grab your friends & catch up over a slice or two.

8 JUL - 5PM-8PM

National Video Game Day

Reception

 Don't miss our epic FIFA Tournament to celebrate National Video Game Day - May the best gamer win!

14 JUL - SEE RECEPTION

Euros Final


Reception

 Join us in anticipation for the Euros Final - Drinks & snacks on us.

21 JUL - 2PM-4PM

World Ice Cream Day


Courtyard

 Grab a cool treat on us - The perfect way to spread the summer vibes.

24 JUL - SEE RECEPTION

International Self Care Day


Reception

 Indulge in a luxurious pampering day where you can relax, rejuvenate & treat yo'self.

5 AUG - 2PM-5PM

Career Vision Board


Reception

 Unleash your creativity, craft your own vision board & manifest your future career aspirations & dreams.

15 AUG - ALL DAY

Donation Week


Reception

 Have a clear out as you prepare to check out & donate any unwanted items to our local charities.

16 AUG - 4PM-9PM

End Of Year Party

Courtyard

 Don't miss our epic End of Year Party – Where memories are made & good times never end.

KEY	 COMMUNITY & CREATIVITY	 CAREER & DEVELOPMENT	 EQUALITY & DIVERSITY	 MINDFULNESS & WELLBEING
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A photograph of a young man with dark dreadlocks, smiling broadly and looking down. He is wearing a white t-shirt with a dark graphic that includes the word "ORIGINAL" and the number "19". The entire image has a teal color overlay.

LIFE WORKS